



## Get to know America Martin

Kai @embraceyoumag / 1 day ago



So happy to have America Martin on EY. She's a talented artist and I admire her work. Ms. Martin not only granted us an exclusive interview, she also took on our quick questions to reveal a bit more about herself. Check out her cool responses below, and do give her art some attention if you haven't before:

### 1. What is your one-line positive thinking mantra?

*Say yes*

### 2. Describe Your Personality:

*I love to work, I love to play, I love to learn, I love to share, I love people who do things passionately and thus tend to surround myself with other busy people. I love kindness, generosity and joy.*

### 3. What practices have you adopted that have led to a healthier lifestyle?

*Oh, that's a good one! Well, for some time now I never work without wearing disposable gloves. A while back, a scenic painter behind me in line at Trader Joe's told me about gloves and I thank him for it. Before, when working with oils and acrylics, my hands and arms would always be a rainbow. I now never paint without them. I also believe in eating well and drinking lots of water.*

### 4. What is the one destination in the world you travel to spontaneously?

*Bali*



Resting and Thinking , 2013

### 5. Three things you can't do without:

*Truth, my mom and my husband.*

### 6. Describe your fashion style?

*I love dresses- and live in jeans, t-shirts & baseball caps.*

### 7. How do you unwind after a long week?

*Get together with friends or go to the Korean spa.*

### 8. What empowers you?

*If you love what you do and work hard, the universe will come and help you, and things will be okay.*

### 9. What is your favorite cuisine?

*Italian. Pasta, pasta, pasta.*

### 10. How do you creatively express yourself, other than through art?

*I really enjoy hosting creative social experiments like poetry readings or original one-acts read by the author. But my favorite is a club called "Table Reads" my friends and I started. We have a potluck, good wine and friends and strangers come to my studio and we read a play aloud with everyone sharing all the parts. The last one we did was a 1944 radio broadcast of "The Saint". My dear friend Jason Ritter, who is an amazing actor, played the Saint.*

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Find more on America Martin

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Credit: America Martin

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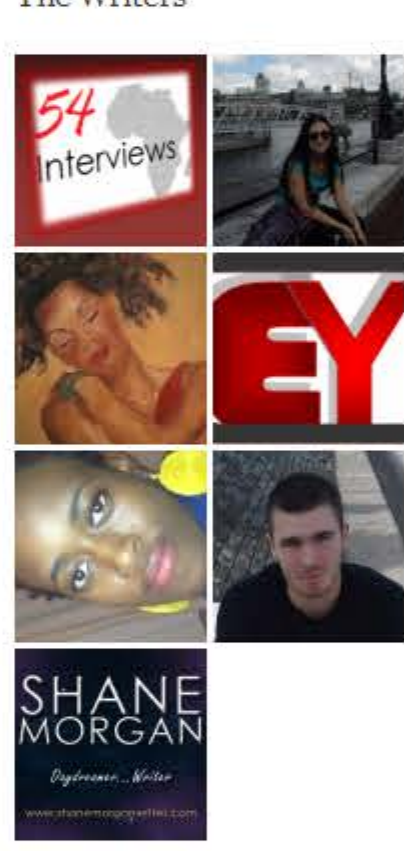
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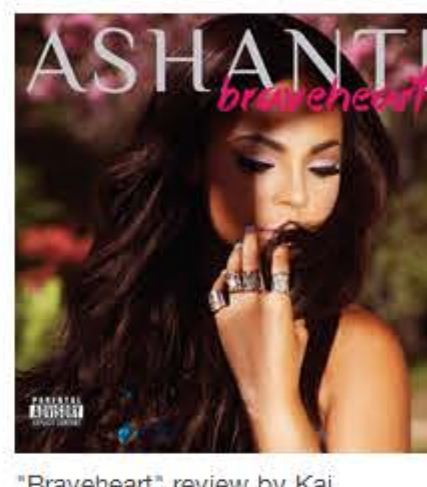
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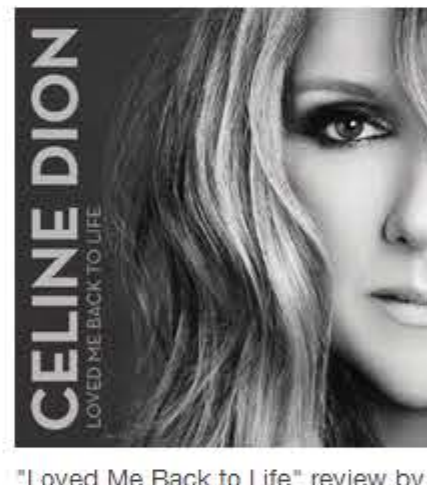
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